



**HAWKER PARK PRIMARY SCHOOL**

**AN INDEPENDENT PUBLIC SCHOOL**

*Together we grow*

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### ***BUZ HOPE- Overcoming the Storms of Life!!!!***

*Dear Parents/caregiver,*

*As part of their Health Program, the students in Year 4 at our school are about to embark upon a program to help them develop skills to overcome grief, loss and change in their lives. The Program is called BUZ HOPE and is presented by Helen Hames our school Chaplain, and the class teacher. It is an innovative and proactive BUZ program.*

*In the BUZ HOPE Program we call these difficult times 'storms'. Everyone has storms in their life and by the time a child has reached the age of nine they would have experienced at least one event of grief, loss or change. This could be the loss of a pet, the death of a grandparent, moving house or school or other difficult events in their life.*

*The BUZ HOPE Program is a proactive program that works with a group of children who share something of their grief experiences but focuses more on their abilities and strengths that helped them to overcome the grief or loss. In BUZ HOPE we call this 'overcoming the storms in life,' or in other words, 'looking for the rainbow after a storm.'*

*Each child will need a BUZ HOPE Journal for the program. The cost of this essential journal is \$10. The \$10 is required to be paid before the commencement of the course.*

*The program will run for 6 x 1 hour sessions. We will begin the program on Wednesday 24<sup>th</sup> May 2017 and finish on Wednesday 28<sup>th</sup> June 2017.*

*This is a voluntary course so please indicate below if you wish your child to participate.  
For further information please contact Helen at the school on Wednesdays or Thursdays.*

*Thankyou*

*Helen Hames*

*School Chaplain*

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*I give my child, ----- permission to participate in the BUZ HOPE Program.  
Enclosed is the \$ 10 fee for the journal.*

*I DO NOT give my child, ----- permission to participate in the BUZ HOPE Program.*